

The Help Group's STEPS* to Independence

*Skill Training Education Programs

Serving young adults on the autism spectrum who are transitioning out of the school system and in need of additional support and training to fulfill their potential for a successful and independent life

The following services will be available to all participants and will be individualized based on a comprehensive assessment of strengths and needs.

HOUSING

STEPS to Independence will provide a range of housing options including:

TRANSITIONAL GROUP HOME LIVING • ENCLAVE APARTMENTS
APARTMENT LIVING WITH SUPPORT

EMPLOYMENT

STEPS to Independence will provide comprehensive employment training so that each of its participants can successfully acquire competitive job skills. Each participant will be given a vocational assessment that will match job interest with the appropriate job skill training. Job placement is the end goal. Once hired, ongoing support will be provided by a specialized job coach.

Employment skill training will include:

TECHNICAL SKILLS • ON THE JOB SOCIAL SKILLS • JOB SELECTION
JOB PROCUREMENT • JOB MAINTENANCE • JOB SATISFACTION

INDEPENDENT LIVING SKILLS

STEPS to Independence will provide instruction in independent living skills in the following areas:

HEALTH & SAFETY • HOUSEHOLD MANAGEMENT • SELF-ADVOCACY
MONEY MANAGEMENT • TIME MANAGEMENT • SOCIALIZATION
TRANSPORTATION • COMMUNITY INVOLVEMENT • COMMUNITY COLLEGE CLASSES
GROOMING • SEXUALITY • LEISURE SKILLS TRAINING

For additional information, please contact
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